

## **Ear Lobe Repair Discharge Instructions**

**Diet:** Start with a regular diet high in protein and low in sodium as tolerated.

### **Medications:**

- You can use Ibuprofen (Motrin, Advil) 800 mg 3 times a day, as needed for discomfort, **starting 24 hours after surgery.**
- You can use Tylenol 500mg, every 6 hours as needed for discomfort.

### **Activity/Wound Care:**

- You may clean the site with hydrogen peroxide and a Q-Tip as needed.
- Use antibiotic ointment twice a day to surgical site for 7 days.
- Keep steri-strips, tape, and/or Dermabond adhesive glue intact. Dr. Criswell will remove at follow up appointment. If adhesive is used, no lotion or ointment to incision for 1 week.
- You may shower normally.

### **Post-op Visits:**

- Post-op visits are very important. Follow up with scheduled appointment. If you were not given a follow-up appointment, please call the office within 24 hours of your procedure to arrange an appointment.

### **Additional Discharge Instructions:**

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**IF YOU HAVE AN IMMEDIATE EMERGENCY, PLEASE CALL 911**

**Please call the office at (704) 424-5050 if you experience any of the following:**

- **Rash or hives**
- **Fever of 101 or greater**
- **Persistent nausea or vomiting**

**If it is after hours please call the office telephone number. Have the operator page the nurse on call. If your call is not returned within 15 minutes, please call the answering service again.**